



Women's Kung Fu Class

Led by Nina Cesena, 1st Degree Black belt

EMPOWER YOURSELF!

- ✓ Martial arts skills
- ✓ Kung Fu forms
- ✓ Basic self defense
 - ✓ Exercise
 - ✓ Fun

WHERE: 1033 RIVER RD, SEQUIM

WHEN: WEDNESDAYS AT 7:00-8:00pm

PRICE: \$40 MONTHLY

ALL ABILITIES WELCOME

FOR MORE INFO:

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